

Pre-Departure Checklist for Students Travelling through a MISTI Seed Fund Grant

- Set up a **pre-departure meeting** with the MISTI Program Manager prior to your trip. (See below contact information per country.)
- Verify that you have a **valid passport**—*expiration date should not be less than 6 months from after date of entry into country.*
- Verify if you need any type of **visa** to enter the country you are travelling to according to your nationality.
- If you are at MIT on a student visa contact the **International Students Office** to find out if you are required to do anything special regarding your visa prior to your trip.
- Complete **Emergency Contact Information** in MISTI's student portal. The MISTI program manager will inform you how to do so.
- Read and e-sign **MIT's Risk Acknowledgment Form** at MISTI's student portal. The MISTI program manager will inform you how to do so.
- MIT has set up **International Travel Insurance** for MIT students travelling through MIT programs (services provided through ISOS). Please verify with your MISTI Program Manager if you are eligible to use it and receive information on how to use it. *Do not cancel any other insurance you might have as it will act as your secondary insurance.*
- Depending on the country you are travelling to, set up an appointment with the **MIT Travel Clinic** at least 4-6 weeks prior to departure.
- Go over the **MISTI Health and Safety Guidelines** with your MISTI Program Manager.
- Get an **ISOS** card from MISTI and Register: [ISOS](#)
MIT provides students, faculty, and administrators travelling on MIT business with international medical, security and travel assistance, managed and administered by International SOS. International SOS has 24-hour Assistance Centers, international clinics and remote-site medical facilities across five continents. International SOS is the leader in their field, ready to help you with all of your medical and security needs.

MISTI Contact Info

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All other countries	misti-gsf@mit.edu	258-0385

Useful numbers

International SOS	215-942-8226 MIT #11BSGC000066	www.internationalsos.com/
MISTI Office	1-617-258-0385	misti@mit.edu
MIT Violence Prevention and Response Center	1-617-253-2300 (24 hr. hotline) 1-617-253-4420 (Kate McCarthy)	vpradvocate@med.mit.edu kmcc@med.mit.edu
MIT Medical	1- 617-253-4481 (24 hr line)	http://medweb.mit.edu/