Suggested Reading

We urge you to read several of these publications to expand your knowledge of India and ease your adjustment to Indian culture. Many of these books can be purchased at your local bookstore, online booksellers, or may be available for reference at the library.

Travel Guides:

  - The Best India travel guide.
  - A “how-and-why” guide to India, providing practical and cultural information.
  - Includes information and suggestions for every budget on everything from transport and practicalities to history, culture, and landscape.

Non-Fiction, General Readings:

  - A Pulitzer-Prize winning journalist and writer at The New Yorker, Boo turns her four years among the people of a Mumbai slum into an absorbing tale of the clash of India, new and old, prosperous and disenfranchised.
  - Personal reflections by a Pulitzer Prize winning editor of *The Washington Post*.
  - Dalrymple infectiously interweaves his own experiences over a year in Delhi with its art, architecture, history and literature.
  - A series of snapshots exploring how traditional religion merges with modern life in India, told through personal stories. Haunting glimpses into aspects of life in India often hidden or misunderstood. Poignant, informative and beautifully written.
  - A brief and groundbreaking discussion of the role of visuality in Hindu religious practice. The role of the visual is essential to Hindu tradition and culture, but many attempts to understand India's divine images have been laden with misperceptions. Darsan, a Sanskrit word that means "seeing," is an aid to our vision, a book of ideas to help us read, think, and look at Hindu images with appreciation and imagination.
Professor of comparative religion and Indian studies at Harvard, Diana Eck turns her interest in temples and places of pilgrimage into a celebration of the diversity of popular religious traditions in India in this richly rewarding travelogue.


- Short synopsis of Mumbai both historical and modern. City Adrift offers a compact overview of Mumbai’s history and its current issues told through the concerned eyes and thoughts of a local. Simple to read and comprehend but with deceptive scope of subject.


- Split into three parts, Rashtra (nation), Lakshmi (wealth), and Samaj (society), the book sets rich information about the country’s political and cultural history with personal stories from mafia dons and Maoist revolutionaries with day labourers and self-made billionaires. Patrick French organises complex material and ideas in such a way that makes this book intensely interesting, engaging and hard to put down.


- The story of the life of Mahatma Gandhi, in his own words – how he developed his concept of nonviolent resistance and how he went from a lawyer in South Africa to the one of the key figures in India’s Independence Movement. Many representations of India’s most admired, revered, and appropriated saint tend towards simplification and romanticization, but his own autobiography reveals a more ambivalent and complex, though still utterly inspiring, picture.


- A detailed, in-depth, well-rounded and fair account of the Indian Independence movement and the major social, cultural, and political events that have happened since. If you want to deepen your knowledge of modern Indian history and its major actors, look no further.


- Kapur returns to the country of his birth for this revealing and rich tapestry of contemporary India as told through the lives of ordinary people.


- This short book is a reliable, authoritative, and accessible work on Hinduism, the religion practiced by eighty percent of India’s population.


- This is an accessible, clear, and insightful work on the New India. Fun to read, the work effortlessly stimulates thoughts for further discussion and investigation. A journalist and bureau chief for the Financial Times, Luce spent several years traveling around India and conducting interviews with Indians from all walks of life, from peasant farmers to heads of state. This recent work presents a probing and critical examination of the country’s transformations and enormous complexity. Both scholarly and entertaining, the book is accessible to both the serious student of India today and the casual traveler. Ideas to get you started.


- An Australian ex-pat’s memoir about her time in India.


- Collection of folk tales about women’s everyday lives in India.


- A collection of essays that discusses several perspectives of global and local concern, Roy’s political writing offers insight into the state of radical politics in India.
  o Nobel-Prize-winning economist, Amartya Sen discusses India’s history and culture across 16 essays as a means of showing the importance of the country’s argumentative tradition. Chapters cover topics as diverse as China and India, Rabindranath Tagore’s India, India and the Bomb, and The Indian Identity. Sen’s rigor, as a scholar and as a great humanist, makes this book a compelling historical yet modern snapshot of the Subcontinent.
  o Mohammed Ashraf studied biology, became a butcher, a tailor, and an electrician’s apprentice; now he is a homeless day laborer in the heart of old Delhi. How did he end up this way? Sethi conjures Mohammed Ashraf and his indelible group of day laborer friends in the Old Delhi Railway Station in this searing portrait of life -- and injustice -- in contemporary India.
  o Covers Indian history from 1947 until the present.
  o A collection of essays, which explore an array of topics from Calcutta and the Kumbh Mela in Allahabad to the televising of a Hindu epic. It combines analysis of major issues with a feel for the fine texture and human realities of Indian life. Particularly interesting for a new comer to India – a Western perspective on the peculiarities of Indian life.
  o An excellent look at what Indians have to offer the 21st century, Varna’s book draws on both traditional and eclectic sources to understand what it means to be Indian today.

**Historical Texts:**

  o A broad survey of India from ancient times up until the end of the 12th century. This has long been the most-used classic text on ancient Indian civilization and culture.
  o This is the first and most reliable study of India’s epic struggle for freedom. Designed for ardent history enthusiasts, it is one of the most exhaustive and precise account of the struggle of Indian Independence ever written in the literary world, beginning with the abortive revolt against the British in 1857 and culminating in the independence of India in 1947.
  o Each of these 14 stories evokes place and landscape, providing an excellent introduction both to contemporary writers and to India’s diverse cultures and history.
  o An astute examination of contemporary Indian politics and economics. Simon Denyer, former Indian bureau chief for the Washington Post, writes on the crisis of confidence in the world’s largest democracy.
  o An illuminating history of South Asian countries India, Pakistan and Bangladesh, their interconnectedness and present challenges.
  o In a challenging new history of modern India, the authors explore the imaginative and institutional structures that have changed and sustained the country. This history book combines the rigor and comprehensiveness of a standard history with a sense for variety and example that increases accessibility for a non-specialist audience.
  o Robinson's inviting introduction to India chronicles the rise and fall of the India's kingdoms and the unified nation's eventual economic decline, which led to the British subjugation of the Mughal Empire in the mid-19th century.
  o This book brings to life thousands of years of history, tracing India's evolution before contact with modern Europe was established: its prehistoric beginnings; the great cities of the Indus civilization; the emergence of mighty dynasties such as the Mauryas, Guptas, and Cholas; the teachings of the Buddha; the creation of heroic epics such as the Mahabharata and the Ramayana; and the creation of regional cultures. The author is one of the best-known historians of India.

**Religious Texts/Epic Poems in Translation:**
  o A Sanskrit philosophical poem translated by John Davies, *The Bhagavad Gita* is a Sanatana Dharma or Hindu scripture produced from the colloquy given by Sri Krishna to Arjuna during the Kurukshetra War. Its philosophies and insights are intended to reach beyond the scope of religion and to humanity as a whole. It is at times referred to as the “manual for mankind” and has been highly praised by not only prominent Indians such as Gandhi but also Aldous Huxley, Albert Einstein, J. Robert Oppenheimer, Ralph Waldo Emerson, Carl Jung and Herman Hesse.
  o A standard source for many undergraduate courses in Indian religion, this book provides an excellent selection of foundational religious texts from Vedic times to the literature of the pre-modern devotional movements. All pieces are introduced and contextualized by the editor – highly recommended.
  o This research around the life stories and hagiographies of some of India’s most famous poet-saints introduces translations of representative pieces from Nanak, Mirabai, Tulsidas, and so on, provide a solid introduction to bhakti (devotional) literature.
  o This is a highly regarded introduction to and translations of one of India’s most broadly revered poet-saints, whose anti-authoritarian message rings clear today. Kabir was an extraordinary oral poet whose works have been sung and recited by millions throughout North India for half a millennium. He may have been illiterate and he preached an abrasive, sometimes shocking, always uncompromising message that exhorted his audience to shed their delusions, pretentions, and empty orthodoxies in favor of an intense, direct, and personal confrontation with the truth.
  o Ramayana is one of the two great epics of India that depicts the duties of relationships, portraying ideal characters like the ideal father, ideal servant, the ideal brother, the ideal wife and the ideal kin.
  o This book is divided into sections, which deal with the key concepts of Hinduism such as karma, dharma, maya, moksa and varna and the main gods and goddesses of the Hindu pantheon.

  o The tale of Rama and Sita is one of the root stories of South Asian civilization. This edition, from a reputable academic publishing house, is based on the 16th century version of the story credited to the poet-saint Tulsidas.

Fiction:

  o Mordant, funny, angry, horrifying, this Booker Prize-winning tale of a village pauper turned success (and murderer) skewers the ambition, inequity and corruption of 21st-century India.

  o This novel follows the story of three friends and is based in the city of Ahmedabad in western India. Govind dreams of starting a business. To accommodate his friends Ishaan and Omi’s passion, they open a cricket shop. However, each has a different motive: Govind’s goal is to make money; Ishaan desires to nurture Ali, a gifted batsman; Omi just wants to be with his friends.

  o A story about a couple coming from two different states of India, who face hardships in convincing their parents and persuading them to let them get married.

  o This magical realist tale alternates between a classically inspired story of love and heroism in the pre-colonial period, and the frame-story of a contemporary Indian student returning from America.

  o A Bengali boy spends his school holidays at his uncle’s home in Calcutta. Also includes four short stories about the city itself.

  o This novel follows the journey of Biju, an illegal immigrant in the US who is trying to make a new life; and Sai, an Anglicized Indian girl living with her grandfather in India. The novel shows the internal conflicts in India between groups, whilst showing a conflict between past and present.

  o This collection of short stories was awarded the Pulitzer Prize; it considers the experience of Bengali immigrants in Boston and the Indian diaspora in America.

  o This tale of life during Indira Gandhi’s State of Emergency uses the improbable overlap of four lives as a window on brutality, love, hope, and perseverance in the face of adversity.

  o Four short stories from one of India’s foremost writers about a fictional South Indian town populated by quirky characters whose unique approaches to tradition and modernity are the stuff of great tales.

  o This novel was awarded the Booker Prize, which launched Roy into the international literary scene; it features a unique narrative voice and a complicated but gripping storyline. Equal parts powerful family saga, forbidden love story, and piercing political drama, it is the story of an affluent Indian family forever changed by one fateful day in 1969.
  o Centered on the Partition of India and Pakistan in 1947, this book has earned a nearly canonical status as the classic work of modern India fiction. Saleem Sinai is born at the stroke of midnight on August 15, 1947, the very moment of India’s independence. Saleem grows up to learn the ominous consequences of this coincidence: his life is inseparable, at times indistinguishable, from the history of his country. Perhaps most remarkable are the telepathic powers linking him with India’s 1,000 other “midnight’s children,” all born in that initial hour and endowed with magical gifts

  o This epic novel is about love, marriage, and politics in post-Partition India, written by the most acclaimed author (and poet) of India’s rising generation of writers in English. Set in the early 1950s, in an India newly independent and struggling through a time of crisis, *A Suitable Boy* takes us into the richly imagined world of four large extended families and spins a compulsively readable tale of their lives and loves.

  o One of the most famous narratives of the horrors of Partition, this classic novel provides insight into the tensions that erupted between religious communities in Muslim-majority Pakistan and Hindu-dominated India after Indian Independence in 1947. *Train to Pakistan* is the story of this isolated village that is plunged into the abyss of religious hate. It is also the story of a Sikh boy and a Muslim girl whose love endured and transcends the ravages of war.

  o This is a harsh but laugh-out-loud funny satire of the poverty-tourist trail in India, seen through the misadventures of a randy English schoolboy named Dave. Sutcliffe’s ruthless and scathing skewering of the cult of slumming teens on their life-defining holiday also rings with the genuine twang of excitable, adventurous, vulnerable youth, and is sure to be a favorite with young world-travelers on the road in search of their identity.

  o The poem cycle helped Tagore, India’s most famous modern writer, garner a Nobel Prize for fiction in 1913. The tone is melancholy but vibrant, and the language enormously rich, even in translation.

**Academic and University Resources:**

• *Economic and Political Weekly*. [http://www.epw.in/](http://www.epw.in/)
  o This is a journal of social and political sciences published from Mumbai. It has research papers, book reviews, reports on current events both in India and abroad, and economic statistics.

  o A U.S. quarterly journal of scholarly articles and book reviews. Library login required.

  o The Library of Congress Country Studies home page presently contains area studies of 85 countries. The database is searchable by country name, keywords, and date.

  o A quarterly journal of scholarly articles and book reviews. Library login required

  o A rich source of bibliographies on the subject of India. Compiled by various universities.
Film Suggestions:

Indian-made films and films about India can be an enjoyable way to gain exposure to Indian culture.

  - A coming-of-age comedy/drama about three Imperial College of Engineering students, loosely adapted from Chetan Bhagat’s novel *Five Point Someone*.
- **Aarakshan.** Directed by Prakash Jha. Reliance Entertainment, 2011.
  - A renowned college is the setting for this drama about caste based reservations of Indian government and educational institution jobs
  - Three inseparable childhood friends are just out of college. Nothing comes between them - until they each fall in love, and their wildly different approaches to relationships creates tension.
  - An award winning romance that deals with terrorism, conflict, and true love. The film’s soundtrack also helped composer A. R. Rahman rise to international fame.
  - Known in India by the acronym DDLJ, this lighthearted comedy follows the budding romance between two young British Indians backpacking across continental Europe.
  - It's 1947 and the borderlines between India and Pakistan are being drawn. A young girl bears witnesses to tragedy as her ayah is caught between the love of two men and the rising tide of political and religious violence. Released in India as *1947: Earth*.
  - A controversial film exploring contemporary Indian mores of sexuality.
  - Academy Award-winning account of the life of Mahatma Gandhi and the independence movement.
  - Follows a young British woman as she attempts to uncover her great-aunt’s past as the young wife of a British colonial officer in 1920s India.
  - A musical romantic-comedy about a married couple and the relationship between their families.
  - The story of a cricket game between a group of Indian villagers and a group of senior Raj officials that will determine the village’s financial fate. Colorful depictions of Indian village during the Raj, interspersed with beautiful songs, music, and more, woven around India’s national pastime/sport, cricket.
  - Focusing on the plight of women in India, this film tells the story of four women whose names are variations of Sita, the central female character of the Hindu epic *Ramayana*: Maithili, Janki, Ramdulaari, and Vaidehi.
- **Lion.** Directed by Garth Davis. 2016
  - Five year old Saroo gets lost on a train which takes him thousands of miles across India, away from home and family. Saroo must learn to survive alone in Kolkata, before ultimately being adopted by an Australian couple. Twenty-five years later he sets out to find his lost family and return to his first home.
• *The Lunchbox*. Directed by Ritesh Batra. 2014
  o A mistaken delivery in Mumbai's famously efficient lunchbox delivery system connects a young housewife to an older man in the dusk of his life as they build a fantasy world together through notes in the lunchbox.

• *The Mahabharata*. Directed by Peter Brook. 1990.
  o Although not a Bollywood venture, Brook brilliantly adapts one of India's most famous and timeless epics.

  o Taking place in 2050, this film examines the potential consequences of the practices of female feticide and infanticide in a rural Indian village.

  o A delightful romantic comedy/drama set in New (and Old) Delhi in the days leading up to an enormous Punjabi wedding.

• *Mr. and Mrs. Iyer*. Directed by Aparna Sen. MG Distribution, 2002.
  o During a bus journey, a devout Hindu Brahmin woman protects a Muslim man when communal rioting breaks out.

  o A lighthearted children’s film about a young boy who is regularly visited by a jolly animated Ganesha, the elephant-headed son of Shiva and the remover of obstacles.

  o American call-center manager Todd is shocked to learn that his company is shutting down and moving its operations to India, where he will be heading the transition team and training his counterpart in Mumbai. While initially baffled by Indian culture, Josh eventually begins to get along with his new coworkers, and learns to appreciate his new surroundings.

• *Passage to India*. Directed by David Lean. EMI Films, 1984.
  o Cultural mistrust and false accusations doom a friendship in British colonial India between an Indian doctor, an Englishwoman engaged to marry a city magistrate, and an English educator.

  o A satirical comedy about an impoverished farmer who threatens to end his life, which ends up attracting attention from politicians and media

  o A raw account of the lives of street children in 1980s Mumbai.

  o The highest-grossing Indian film of all time, *Sholay* chronicles the antics of a pair of village criminals who are hired to kidnap a cold-blooded bandit.

• *Sita Sings the Blues*. Directed by Nina Paley, 2008.
  o A beautiful animated take on the classic tale of the *Ramayana*, told from Sita’s perspective. Available for free download.

  o Explores the life and imagination of Ishaan, an eight-year-old dyslexic child. Although he excels in art, his poor academic performance leads his parents to send him to a boarding school. Ishaan’s new art teacher suspects that he is dyslexic and helps him to overcome his disability.

• *Queen*. Directed by Vikas Bahl. Viacom Motion Pictures, 2014.
  o Rani, a 24-year-old Indian girl, decides to go on her honeymoon alone when her fiancé calls off the wedding. Traveling around Europe, she finds joy, makes friends, and gains new-found independence.